

# Morning Prayer for the 1<sup>st</sup> Sunday of Advent

## November 29, 2020

*Officiant* Lord, open our lips,  
*People* **And our mouth shall proclaim your praise.**

*Officiant* O God, make speed to save us.  
*People* **O Lord, make haste to help us.**

*All* **Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.**

### People Look East

People, look east! The time is near of the crowning of the year.  
Make your house fair as you are able, trim the hearth and set the table.  
People, look east and sing today; Love, the guest, is on the way.

Furrows, be glad! Though earth is bare, one more seed is planted there; give up your strength the seed to nourish, that in course the flower may flourish.  
People, look east and sing today:  
Love, the rose, is on the way.

Birds, though you long have ceased to build, guard the nest that must be filled; even the hour when wings are frozen God for fledging time has chosen.  
People, look east and sing today:  
Love, the bird, is on the way.

Stars, keep the watch: when night is dim one more light the bowl shall brim, shining beyond the frosty weather, bright as sun and moon together.  
People, look east and sing today:

Love, the star, is on the way.

Angels, announce with shouts of mirth Christ who brings new life to earth. Set every peak and valley humming with the word, the Lord is coming.  
People, look east and sing today:  
Love, the Lord, is on the way.

*Eleanor Farjeon | Eugene Butler*  
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### The Invitatory

The Lord is our light and our life: **O come, let us worship**

### Jubilate

*Psalm 100*

Be joyful in the Lord, all you lands; \*  
serve the Lord with gladness  
and come before his presence with a song.

Know this: The Lord himself is God; \*  
he himself has made us, and we are his;  
we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;  
go into his courts with praise; \*  
give thanks to him and call upon his name.  
For the Lord is good;  
his mercy is everlasting; \*  
and his faithfulness endures from age to age.

The Lord is our light and our life: **O come, let us worship**

## Proclamation of the Word

### The Readings

#### A Reading from the Book of the Prophet Isaiah

64 O that you would tear open the heavens and come down,  
so that the mountains would quake at your presence—  
<sup>2</sup> as when fire kindles brushwood and the fire causes water to boil—  
to make your name known to your adversaries, so that the nations  
might tremble at your presence!  
<sup>3</sup> When you did awesome deeds that we did not expect, you came  
down, the mountains quaked at your presence.  
<sup>4</sup> From ages past no one has heard, no ear has perceived, no eye has  
seen any God besides you, who works for those who wait for him.  
<sup>5</sup> You meet those who gladly do right, those who remember you in  
your ways. But you were angry, and we sinned; because you hid  
yourself we transgressed.  
<sup>6</sup> We have all become like one who is unclean, and all our righteous  
deeds are like a filthy cloth. We all fade like a leaf, and our iniquities,  
like the wind, take us away.  
<sup>7</sup> There is no one who calls on your name, or attempts to take hold of  
you; for you have hidden your face from us, and have delivered us into  
the hand of our iniquity.  
<sup>8</sup> Yet, O Lord, you are our Father; we are the clay, and you are  
our potter; we are all the work of your hand.  
<sup>9</sup> Do not be exceedingly angry, O Lord, and do not remember iniquity  
for ever. Now consider, we are all your people.

Isaiah 64: 1-9 (NRSV)

The word of the Lord. **Thanks be to God**

#### Psalm 80: 1-7, 16-18

1 Hear, O Shepherd of Israel, leading Joseph like a flock; \*  
shine forth, you that are enthroned upon the cherubim.

2 In the presence of Ephraim, Benjamin, and Manasseh, \*  
stir up your strength and come to help us.

3 Restore us, O God of hosts; \*  
show the light of your countenance, and we shall be saved.

4 O Lord God of hosts, \*  
how long will you be angered despite the prayers of your people?

5 You have fed them with the bread of tears; \*  
you have given them bowls of tears to drink.

6 You have made us the derision of our neighbours, \*  
and our enemies laugh us to scorn.

7 Restore us, O God of hosts; \*  
show the light of your countenance, and we shall be saved.

16 Let your hand be upon the man of your right hand, \*  
the son of man you have made so strong for yourself.

17 And so will we never turn away from you; \*  
give us life, that we may call upon your name.

18 Restore us, O Lord God of hosts; \*  
show the light of your countenance, and we shall be saved.

Glory to you, Lord Jesus Christ, our good shepherd; you have  
led us to the kingdom of your Father's love. Forgive our  
careless indifference to your loving care for all your creatures,  
and remake us in the likeness of your new and risen life. We  
ask this in your name.

## A reading from the first letter of Paul to Corinthians

3 Grace to you and peace from God our Father and the Lord Jesus Christ.

4 I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, <sup>5</sup>for in every way you have been enriched in him, in speech and knowledge of every kind— <sup>6</sup>just as the testimony of Christ has been strengthened among you— <sup>7</sup>so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. <sup>8</sup>He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. <sup>9</sup>God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

1 Corinthians 1: 3-9 (NRSV)

The word of the Lord. **Thanks be to God**

### Gospel

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ according to Mark  
**Glorify to you, Lord Jesus Christ**

24 'But in those days, after that suffering, the sun will be darkened,

and the moon will not give its light,

<sup>25</sup> and the stars will be falling from heaven,

and the powers in the heavens will be shaken.

<sup>26</sup>Then they will see "the Son of Man coming in clouds" with great power and glory. <sup>27</sup>Then he will send out the angels, and gather his elect from the four winds, from the ends of the earth to the ends of heaven.

28 'From the fig tree learn its lesson: as soon as its branch becomes tender and puts forth its leaves, you know that summer is near. <sup>29</sup>So also, when you see these things taking place, you know that he is near, at the very gates. <sup>30</sup>Truly I tell you, this generation will not pass away

until all these things have taken place. <sup>31</sup>Heaven and earth will pass away, but my words will not pass away.

32 'But about that day or hour no one knows, neither the angels in heaven, nor the Son, but only the Father. <sup>33</sup>Beware, keep alert; for you do not know when the time will come. <sup>34</sup>It is like a man going on a journey, when he leaves home and puts his slaves in charge, each with his work, and commands the doorkeeper to be on the watch. <sup>35</sup>Therefore, keep awake—for you do not know when the master of the house will come, in the evening, or at midnight, or at cockcrow, or at dawn, <sup>36</sup>or else he may find you asleep when he comes suddenly. <sup>37</sup>And what I say to you I say to all: Keep awake.'

Mark 13: 24-37 (NRSV)

The Gospel of Christ. **Praise to you, Lord Jesus Christ**

### Sermon

#### O Come, O Come, Emmanuel

O Come, O come, Emmanuel, and ransom captive Israel that mourns in lonely exile here until the Son of God appear.

Rejoice! Rejoice! Emmanuel shall come to you, O Israel.

O come, O Wisdom from on high, who orders all things mightily; to us the path of knowledge show, and teach us in her ways to go.

Rejoice! Rejoice! Emmanuel shall come to you, O Israel.

O come, O come, great Lord of might, who to your tribes on Sinai's height in ancient times once gave the law, in cloud and majesty and awe.

Rejoice! Rejoice! Emmanuel shall come to you, O Israel.

O come, O Dayspring from on high and cheer us by your drawing nigh; disperse the gloomy clouds of night, and death's dark shadow put to flight.

Rejoice! Rejoice! Emmanuel shall come to you, O Israel.

## Affirmation of Faith

### The Apostles' Creed

**I believe in God,  
the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again  
to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## Intercessions and Thanksgivings

(In joyful expectation let us pray to our Saviour and Redeemer, saying, "Lord Jesus, come soon!")

O Wisdom, from the mouth of the Most High, you reign over all things to the ends of the earth: come and teach us how to live.

**Lord Jesus, come soon!**

O Lord, and head of the house of Israel, you appeared to Moses in the fire of the burning bush and you gave the law on Sinai: come with outstretched arm and ransom us.

**Lord Jesus, come soon!**

O Branch of Jesse, standing as a sign among the nations, all kings will keep silence before you and all peoples will summon you to their aid: come, set us free and delay no more.

**Lord Jesus, come soon!**

O Key of David and sceptre of the house of Israel, you open and none can shut; you shut and none can open: come and free the captives from prison.

**Lord Jesus, come soon!**

O Morning Star, splendour of the light eternal and bright Sun of righteousness: come and enlighten all who dwell in darkness and in the shadow of death.

**Lord Jesus, come soon!**

O King of the nations, you alone can fulfil their desires: Cornerstone, you make opposing nations one: come and save the creature you fashioned from clay.

**Lord Jesus, come soon!**

O Emmanuel, hope of the nations and their Saviour: come and save us, Lord our God.

**Lord Jesus, come soon!**

## Collect

Almighty God, give us grace to cast away the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came to us in great humility, that on the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

## The Lord's Prayer

*Officiant* And now, as our Saviour Christ has taught us, we are bold to say,

*All:* Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.

## Change My Heart Oh God

Change my heart, oh God,  
make it ever true.  
Change my heart, oh God,  
may I be like You.

Change my heart, oh God,  
make it ever true.  
Change my heart, oh God,  
may I be like You.

You are the potter, I am the clay, mold me and make me, this is what I pray.  
Change my heart, oh God,  
make it ever true.  
Change my heart, oh God,  
may I be like You.

Jesus, oh Jesus, come and fill  
Your lambs. Jesus, oh Jesus, come and fill Your lambs.  
Change my heart, oh God,  
make it ever true.  
Change my heart, oh God,  
may I be like You.

*Eddie Espinosa*  
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## Blessing

## Dismissal

*Officiant* Let us bless the Lord.  
*People* Thanks be to God.

## Diocesan Cycle of Prayer – South Shore Region

Amherst and Parrsboro Shore, Nova Scotia

**Readings for next week:** Isaiah 40: 1-11; Psalm 85: 1-2, 8-13; 2 Peter 3: 8-15a; Mark 1: 1-8

## Notices from within the Parish



**PWRDF:** Our PWRDF project this year will be to raise money to buy donkeys. In Kenya they are used for carrying water .....precious water from a well, like the one we bought last year! Perhaps you'd like to "pin a tail on a donkey" by making a donation! You can donate by cash or a cheque in an envelope to leave in the offering basket, be mailed to the church or dropped off at the church. Donations can also be made online <http://www.churchofsaintandrew.ca/donations/> where you just click on FUND and scroll to PWRDF. Look for more information as to how donkeys enrich many lives next week!

### **Update – Rachel MacLean Concert:**

With the new restrictions upon us for the next two weeks, unfortunately, a decision has been made to **cancel** the upcoming Rachel MacLean concert on Friday the 4<sup>th</sup> of December. I will be in touch with everyone regarding refunds and such, but should you have any concerns or questions, please do not hesitate to call me. Be safe everyone. Darlene Battiste 902-435-4363

**Church Calendars:** 2021 church calendars are now available for \$7.00. To purchase calendars, please call Brenda Tucker at **902-462-7006**, to place an order. Calendars can be picked up at the church on Monday afternoons between 1 and 4 p.m. in the library. Please pay with exact change or a cheque.



## **FURTHER CHRISTMAS OUTREACH UPDATE 2020**

We now have acquainted from the Christmas Registry of Feed Nova Scotia the 15 families in our community that our parish looks forward to supporting. These 15 families consist of 12 children ages 0- 18 years of age and 23 adults.

For the safety of our congregation and our Christmas Families we need to follow health and safety protocols. Therefore, we are changing to gift cards to replace all perishable and non-perishable food collection.

The non-perishable food that we usually collect from September to December from our parishioners each week using the food list is valued at approximately \$130.00. In order to replace the collected food, we are going to substitute Superstore Gift cards.

We are unable to have a giving tree with gift tags this year due to the health and safety protocols. In order for our Christmas families to still enjoy Christmas and receive gifts we will replace the tags that we would have on the Giving Tree with Walmart gift cards. In previous years the gift cards value averaged between \$20.00 and \$25.00 per tag.

Donations can be made to Christmas Outreach in the following ways.

1. **Superstore or Walmart Gift Cards:** ensure you have the purchase receipt enclosed with the gift card.
2. Cash or cheque donation specified to Christmas Outreach.
3. Through the church's website  
<http://www.churchofsaintandrew.ca/>

Click the "Make a Donation" tab on the top, right of the screen and ensure that Christmas Outreach is the fund chosen.

The gift card or cash donations can be put in the offertory basket at a church service, dropped off at the church office or mailed to the church, attention Christmas Outreach. Please put your **church envelope number, your name or PAR number** on the donation envelope to make sure the donation is included on your income tax receipt.

Our delivery date to the Christmas Families will be Sunday, December 13<sup>th</sup>. All gift cards and monetary donations will need to be into the church by Friday, December 11<sup>th</sup> in order for the committee to assess and see if any gift cards need to be purchased by the church. If you require any further information in regards to Christmas Outreach please contact Anna Henderson at 902-435-1530 or Carole Caines at 902-430-5148. \*\*If you know of any parishioner of our parish that require Christmas assistance please contact the church office at 902-462-1818.

**Christmas Poinsettia Update:** In gratitude for your generosity over the years and in recognition of our "interesting" times, the Altar Guild will not be collecting donations towards flowers for this Christmas. Instead we invite you to consider forwarding your generosity to the PWRDF Campaign for a donkey and to the Christmas Outreach program.

The Altar Guild is always grateful for your support of our ministry over the years and we choose this year to support your remembrances by purchasing poinsettias on your behalf from the flower fund. As many of your remembrances have remained the same over the years, we will use last year's bulletin. If you wish to make a change/ addition or to be reminded of what was there please email Carole Aylard and she will make those changes for you. [caylard@accesscable.net](mailto:caylard@accesscable.net)

**Nature & Nurture:** Each day we will be posting a new photo on our Facebook page and asking you to suggest a scripture verse or inspirational quote that speaks to you when you view the image. We will choose one of the inspirations and post the picture and inspiration on our Webpage. The quotes have all been great so far and the choice has been tough. We look forward to more people joining in and making the choice even harder. We love to see different pictures from people! Please send along any picture you have taken that you would love to have posted. Also, if you can't think of a scripture or inspirational quote, even a word about how it makes you feel! We love participation! Use these as a daily prayer, a thought for the day, or a blessing in the moment

**The Hate U Give:** - Join us on **January 16, 2021** for a movie and discussion afternoon 1pm. We will be watching "The Hate U Give" and will be following with a discussion on the movie and how it relates to the racism we are seeing not only today but building up from the past. We will also discuss how we can make a difference in our community. Due to Covid-19, there will be a limit of 20 people, please contact the office (902-462-1818) to reserve your spot.

**Missions to Seafarers:** **There are spare shoe boxes in the library.** Boxes for Seafarers may be left in the library anytime **during November**. Seafarers are having a particularly difficult time due to the pandemic and need help more than ever. A list of items that can be included in the boxes is available by emailing [brendajtucker@hotmail.com](mailto:brendajtucker@hotmail.com)

### **Notices from the Community**

**St Albans Christmas Dinner Take Out:** Turkey, dressing, potatoes, vegetables, gravy, cranberry sauce, roll and dessert, to be held on Wednesday, **December 2**, pick up from 4 to 5:30 pm. Tickets - \$20 each. Those purchasing a dinner will be eligible to win a 'Christmas basket' consisting of jams, jellies, and pickles, **Cut-off date is November 29th** but would like it if you could order earlier if possible.

Please call the church with your order: 902-463-2493, send us an email: [stalbans@bellaliant.com](mailto:stalbans@bellaliant.com) or send us a Facebook message.

**Hope & Inspiration Art Show:** The Diocesan Environment Network or DEN for short will be hosting an online art show starting **Nov 6<sup>th</sup>-Dec 6<sup>th</sup>** titled Hope and Inspiration. The month-long event will be hosted entirely online and will feature an online gallery, paint along events for youths and adults and interviews with the featured artists. If interested check out the Hope & Inspiration, Anglican Diocesan Environment Network, Environment Network Diocese of Nova Scotia & PEI Facebook page, or the website: <https://www.nspeidiocese.ca/pages/hope-inspiration> or contact The Rev. Marian Lucas-Jefferies for more information at [marian.lucas.jefferies@gmail.com](mailto:marian.lucas.jefferies@gmail.com)

**The Consecration of Bishop-Elect Sandra Fyfe:** The Reverend Sandra Fyfe has been elected the next Anglican Bishop of Nova Scotia and Prince Edward Island. When consecrated bishop she will be the 17th person to hold the post. The Service of Consecration is scheduled for Monday, **November 30**, 2020 and will be held at All Saints Cathedral, Halifax. As further details become available, they will be posted to Net News.

## Clearing the Way





**A Community of Faith Since 1794**  
**First Sunday of Advent**  
**November 29, 2020**

**Protective measures against COVID-19 from the World Health Organization (WHO)**

- 1) Wash your hands frequently  
Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- 2) Make wearing a mask a normal part of being around other people
- 3) Maintain social distancing  
Maintain at least 2 metre (6 feet) distance between yourself and anyone who is coughing or sneezing.
- 4) Avoid touching eyes, nose and mouth
- 5) Practice respiratory hygiene  
Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately.
- 6) If you have fever, cough and difficulty breathing, seek medical care early
- 7) Stay informed and follow advice given by your healthcare provider



<p><b><u>Rector</u></b> Archdeacon Katherine Bourbonniere</p> <p><b><u>Associate Priest</u></b> The Rev'd Walter Beazley</p> <p><b><u>Honorary Associate Priests</u></b> The Rev'd Gary Giles Canon Charlie Black Marian Lucas-Jefferies</p> <p><b><u>Wardens</u></b> Don McMahon 902-435-6609 David Rose 902-461-8192 Penny Joudrey 902-860-3501</p> <p><b><u>Holy Eucharist</u></b> Bi-Weekly</p> <p><b><u>In Case of Emergency</u></b> 902-240-3940</p> <p><b><u>Parish Nurse</u></b> Brenda Tucker Office hours: Mondays 1-4pm 902-462-7006</p>	<p><b><u>Music Director</u></b> Bryan Cable 902-999-7808</p> <p><b><u>Organist Emeritus</u></b> Cynthia Dickinson</p> <p><b><u>Prayer Circle</u></b> Victoria Henriksen 902-462-2575</p> <p><b><u>Church email address</u></b> <a href="mailto:office@churchofsaintandrew.ca">office@churchofsaintandrew.ca</a></p> <p><b><u>Church website</u></b> <a href="http://www.churchofsaintandrew.ca">www.churchofsaintandrew.ca</a></p> <p><b><u>Church Office Hours</u></b> Monday – Friday, 9am – 12noon</p> <p><b><u>Facebook page</u></b> Church of St. Andrew, Cole Harbour</p>
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**DIOCESAN SEASON OF PRAYER COLLECT - (By The Rev'd. Michelle Bull)**

O God our Creator and Redeemer, it pleases you to invite us into the mission of Jesus, establishing the reign of God on earth. You promised through your Son to send the Spirit upon us, to teach us everything. We pray that you will send a fresh outpouring of your Spirit on this Diocese. Grant us clear vision and wisdom to discern what you are now calling us to do and the courage, love and creativity to perform it to your glory. We ask it in the name of your Son our Lord Jesus Christ. Amen.